

ASPS
Foot & Ankle
Arthroscopy Skills Lab

Friday, March 2, 2018

8:00 – 5:00 PM

Grapevine, TX

Learning Objectives & Topics Covered

History and current indications for arthroscopy in the foot and ankle

Physical examination and work-up relating to arthroscopic pathology

Instrumentation utilized in arthroscopy, the camera and the lens

Proper technique and utilization of arthroscopic instruments

Proper OR set-up for arthroscopy

Joint distraction techniques

Surface anatomy

Internal anatomy

Anatomic safe zones for portal placement to access ankle and subtalar joints

Types and proper uses of shaver, burr, specialized and power instruments

Types and proper uses of manual instruments

Techniques to deal with soft tissue impingement, ligament repair

Techniques to deal with osseous pathology, loose bodies, exostosis

Techniques to address osteochondral lesions, microfracture, cartilage replacement

Techniques for arthrodesis utilizing arthroscopy

Arthroscopy complications, intra-op and post-op

Post-operative protocol and expected outcomes

Other potential uses of arthroscopy in the foot and ankle

Putting it all together, step-by-step video

SCHEDULE

7:30 AM Lab check-in

(light breakfast, coffee, and juice will be available for attendees beginning at 7:30 AM).

8:00 AM – 9:00 AM

Lecture overview of Ankle Arthroscopy – Ryan McMillen, DPM, FASPS

9:00 – 12:00 PM Ankle Arthroscopy Lab

9:00 – 9:30: Portals, Instrumentation, Triangulation

9:30 – 10:45: Debridement, OCD, Loose Body

10:45 – 12:00 PM: Ankle Fusion, Arthroscopic Brostrom

12:00 – 1:00 PM Lunch

1:00 – 1:45 PM

Lecture overview of Subtalar Joint Arthroscopy – Robert Greenhagen, DPM, FASPS

1:45 – 5:00 PM Subtalar Joint Arthroscopy Lab

1:45 – 3:00 PM: Subtalar portals, Instrumentation, Triangulation

3:00 – 4:00 PM: Subtalar Arthrodesis

4:00 – 5:00 PM: Final thoughts and techniques

5:00 PM Adjourn

**Breaks will be taken throughout the day as needed.*

FACULTY

Robert Greenhagen, DPM, FASPS

The Foot & Ankle Center of Nebraska – Omaha, NE

Ryan McMillen, DPM, FASPS

Steel Valley Orthopedics – Pittsburgh, PA

James Whelan, DPM, Associate of ASPS

The Foot & Ankle Center of Nebraska – Omaha, NE

CME INFORMATION

Target Audience: The intended audience of this Foot & Ankle Arthroscopy skills lab are podiatric students, residents, and podiatrists with an interest in foot and ankle surgery specifically related to Ankle Arthroscopy.

ASPS has approved this activity for a maximum of 7 Continuing Education contact hours. Attendees will receive a certificate of attendance upon completion of the lab.

The American Society of Podiatric Surgeons is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine.

GENERAL INFORMATION

Location:

1034 Texan Trail
Grapevine, TX 76051

Registration fees:

ASPS Member - \$899.00
Non-member - \$1149.00

Hotel Accommodations:

Embassy Suites by Hilton Dallas DFW Airport North
2401 Bass Pro Drive
Grapevine, TX 76051
972-724-2600

SpringHill Suites Dallas DFW Airport North/Grapevine
2240 W. Grapevine Mills Circle
Grapevine, TX 76051
972-724-5500

Both properties feature a shuttle service to the lab facility. Guest room accommodations are solely the responsibility of the lab attendee; a room block has not been reserved for this event.

Refunds: Refunds will be issued to individuals who cancel their attendance, in writing, prior to the start of the lab. Refunds will not be issued once the lab is completed to any registered individual who was unable to attend. ASPS cannot be held liable for events beyond its control such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the lab.

For questions or concerns please contact ASPS Manager Tiffany Kildale at 301-581-9214, or via email at takildale@aspsmembers.org.